



303 York St., Unit 241 Sudbury, ON P3E 2A5
(705) 671-7181 or/ou (705) 671-7164
Fax/Télécopieur (705) 671-1238

Respite Services

The Family Home Program offers relief and weekend respite to our full time home providers. Respite care is a support service that provides temporary relief from the physical and emotional demands involved in caring for a family member who has an intellectual disability. Respite and relief create opportunities for all family members to live actively and participate in community activities, allowing home providers time for themselves.

Much like our full time home providers, individuals wishing to offer part time respite services must go through a screening process prior to being matched with individuals from our program. This process includes an interview, reference checks, criminal reference check. If respite is to be provided in the relief workers own home, a criminal record check for each person over the age of 18 living within the household is required and a safety inspection of the household is also required.

The family home program offers different types of relief:

- **In-Home Relief:** This type of relief occurs in the home providers household. A mutually acceptable match is arranged between a caregiver and the family. The Respite Worker enters the family home and assumes responsibility for the adult with special needs during the primary caregiver's absence.
- **Out of home Relief:** This type of relief is designed to provide care to the adult in a home environment other than his/her own. A match will be made between a screened relief worker and an adult from the family home program.
- **Respite Home:** For some individuals, respite services are provided in one of our respite apartments located within the city of Sudbury. Screened relief workers will be matched with specific individuals for respite services.



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Families, couples or individuals helping adults with a developmental disability achieve their dreams are rewarded with love, appreciation and a sense of giving back. They are part of a team that is working towards inclusion and public awareness within our community. They also receive financial remuneration, case management, access to 24 hour on call emergency support and more.

People who are enthusiastic, dependable, supportive, caring and have a strong desire to help others are ideal candidates to become Respite Workers for the Family Home Program. Backgrounds in developmental services, teaching, nursing, social work, health care and home support are advantageous to this type of work but are not pre-requisites. Hours are variable consisting of daytime, evening and weekend time periods

If you are interested in providing respite services, please contact Community Living Greater Sudburys Family Home Program at 705 671 7181 ext. 221 or by email to bdurrell@clgs.ca